# NC H& GS

## Fabric Yo-Yo

# Use Your Scraps!

The second floor gallery at the Sigal Museum houses our Decorative Arts Galleries. Some of the items featured are beautiful, intricate quilts.

During the Civil War, many American women made quilts to provide bedding for soldiers. Today, people are using fabric to make masks as a protective measure during the COVID19 pandemic, continuing the tradition of using crafting abilities to help others.

If you've got scraps of fabric at home, you can easily make some fabric yo-yos, which were a popular way to use small fabric scraps in the 1920's. Handmade items are a wonderful way to show someone you care!

### Materials Needed

- Fabric scraps
- Something circular to trace
- Pencil or pen
- Scissors
- Needle & Thread
- Buttons or other decoration (optional)
- Stick, pin, barrette, hair tie, etc. (optional)
- Hot glue (optional)

# trace wrong side 3 itch round pull 5 front back 6

photo tutorial from treasurie.com

### **Directions**

- 1. Trace a circle onto your fabric and cut out
- 2. Fold the edge over with the wrong side of fabric facing you and anchor your thread.
- 3. Stitch around the circle, folding the edge over as you go.
- 4. Pull your thread tight to cinch the circle together. Tie a knot to secure.
- 5. The gathered side is the front, the flat side is the back.
- 6. Cover the center with a button or other decoration if desired by sewing it in place or using hot glue.

Use your imagination for what to do with your completed yo-yo: glue it to a stick to make a flower, attach it to a headband, or use it to decorate a plain pillow! Have fun!